



UNIVERSITY OF PERADENIYA
CENTRE FOR DISTANCE AND CONTINUING EDUCATION



ශාස්ත්‍රවේදී උපාධි (බාහිර - නව නිර්දේශය) පරීක්ෂණය 200 මට්ටම - 2024 මාර්තු
கலைத்தேர்வுப்பரீட்சை (வெளிவாரி - புதிய பாடத்திட்டம்) 200 வதுதேர்ச்சி மட்டம் - மார்ச் 2024
Bachelor of Arts (External - New Syllabus) Examination 200 Level-March 2024

SUPE:205- Buddhist Psychology

සෘජු පාඨ (03) ආකෘති.

மூன்று (03) மணித்தியாலங்கள்

Time three (03) Hours.

ප්‍රශ්න 05 කට පිළිතුරු සපයන්න.

----- வினாக்களுக்குமட்டும்தான் விடையளிக்க.

Answer 05 questions only.

කොප්පයකින් අත් අකුරුවලට පමණක් පිටපත් ලැබේ.

எழுத்து தெளிவில்லாதவிடத்து புள்ளிகள் குறைக்கப்படும்.

Marks will be deducted for illegible hand writing.

මෙම ප්‍රශ්න පත්‍රයේ අවංක ප්‍රශ්න සංඛ්‍යාව 08 කි.

இந்தவினாப்பத்திரத்தில் ----- வினாக்கள் உள்ளன.

There are 08 questions in the question paper.

1. Examine the utility of early Buddhist teachings in mental development.
2. Examine the nature of the psychological relationship that could exist between the development of personality and the realization of *Nibbāna* according to Buddhism.
3. "Psychoanalytical concepts can be identified with reference to the early Buddhist teachings." Express your opinions.
4. Explain the way in which the complex working of the mind is shown in Buddhist psychology through the concepts of *Citta*, *Mana* and *Viññāna*.
5. Examine whether characteristics of behavioral psychology are found in Buddhist psychology.
6. Examine the psychological aspects contained in the concept of *Dukkha* taught in Buddhism.
7. Examine the utility of Buddhist meditation as therapeutic means of overcoming stress.
8. Explain how you would resolve with reference to Buddhist psychological concepts any social problem identified by you.